

## August 2019 Solstice Senior Living at Sun City West

		BE VIBRANT. BE YOU.			Solstice Senior Living at Sun City West	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE  SENIOR LIVING AT SUN CITY WEST	Be Adventurous  Be Challenged  Be Connected  Be Family  Be Inspired  Be Social  Be Well	Location Keys  Activity Rm AR  Activity Room 2 AR2  Cinema Rm CR  Coca Cola Rm CCR  Dining Room DR  Fireside Room FR  Game Room GR  Lobby LB  Spa Room SR		9:00 BP Check [FR] 9:00 Chair Exercise [SR] 10:00 Low Vision Grp [CCR] 10:00 Yahtzee [CR] 1:00 Guitar Players [FR] 3:00 Bingo [CCR] 4:00 Wii Bowling [CR] 6:00 Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 11:00 Happy Birthday! [DR] 1:00 Leopardy [FR] 1:00 Mexican Train [CR] 3:00 Happy Hour [FR] 4:00 Wii Bowling [CR]	9:00
11:15 ★ Church [CR] 4 1:00 ★ Bruce Wells [FR] 1:00 ★ Card Game 'Go' [AR2] 1:00 ★ Hand & Foot [GR] 3:00 ← Brain Teasers [CCR] 4:00 ← Wii Bowling [CR] 6:00 ★ Penny Poker [GR]	9:00 BP Check/ACS [FR] 9:00 Chair Exercise [SR] 9:30 Crafting [AR] 9:30 Sit N Be Fit [CR] 1:00 Mexican Train 1&2 1:30 Tai Chi Class [FR] 3:00 Bingo [CCR] 4:00 Wii Bowling [CR] 6:00 Poker Night [GR]	9:00 ♥ Chair Exercise [SR] 10:00 ★ Bible Study [CR] 10:00 ★ Bunco [FR] 10:00 ★ Carol's Corner [LB] 10:00 ★ French Club [AR] 1:15 Chair Yoga with Sante [CR] 3:00 ★ Bingo [CCR] 4:00 ▶ Wii Bowling [CR] 6:00 ★ Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 1:00 Hand & Foot [CR] 2:00 Bean Bag Baseball 3:00 Bingo [CCR] 4:00 Daily News [CR] 6:00 Penny Poker [AR]	9:00 BP Check [FR] 9:00 Chair Exercise [SR] 10:00 VAntzee [CR] 3:00 Bingo [CCR] 3:00 Fire Chat with Tom 4:00 VB Bowling [CR] 6:00 Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Doug Parrish-Did you know? [CCR] 9:30 Mass/Com. [CR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 1:00 Mexican Train [CR] 2:00 New Res Mtg 3:00 Happy Hour [FR] 4:00 Wii Bowling [CR]	9:00 Chair Exercise [SR] 9:30 Bible Study [CR] 10:00 Bunco [FR] 1:00 Bean Bag Baseball [CR] 1:00 Ginny O"Brien [CR] 1:00 Hand & Foot [AR] 2:00 BINGO [CCR] 2:00 Bingo [CCR] 4:00 Wii Bowling [CR] 6:00 Penny Poker [AR]
11:15 ★ Church [CR] 1:00 ★ Card Game 'Go' [AR2] 1:00 ★ Hand & Foot [GR] 1:00 ★ Tony Miller-Guitarist 2:00 ★ Walk N Talk [LB] 3:00 ★ Brain Teasers [CCR] 4:00 ★ Wii Bowling [CR] 6:00 ★ Penny Poker [GR]	9:00 BP Check/ACS [FR] 9:00 Chair Exercise [SR] 9:00 Pain Relief Lotion 9:30 Crafting [AR] 9:30 Sit N Be Fit [CR] 1:00 Mexican Train 1&2 3:00 Mexican Train 1&2	9:00 Chair Exercise [SR] 10:00 Bible Study [CR] 10:00 Bunco [FR] 10:00 French Club [AR] 10:00 Nail Painting [CCR] 10:00 Seminar on Conquering Diabetes 1:15 Chair Yoga with Sante [CR] 3:00 Bingo [CCR] 4:00 Will Bowling [CR] 6:00 Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 1:00 Hand Foot [CR] 1:00 Res./ED Mtg. [FR] 2:00 Bean Bag Baseball 3:00 Bingo [CCR] 3:00 Mary Jo Alterations [AR2] 4:00 Daily News [CR] 6:00 Penny Poker [AR]	9:00 ♥ BP Check [FR] 9:00 ♥ Chair Exercise [SR] 10:00 ★ Lord of Life [FR] 10:00 ❤ Yahtzee [CR] 1:00 ❤ Guitar Players [FR] 3:00 ❤ Bingo [CCR] 4:00 ❤ Wii Bowling [CR] 6:00 ❤ Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 1:00 DeAnna on the Keys [FR] 1:00 Mexican Train [CR] 2:00 Walk the States with Sante 3:00 Happy Hour [FR] 4:00 Wii Bowling [CR]	9:00 Chair Exercise [SR] 10:00 Bunco [FR] 11:00 Lunch Outing 1:00 Hand & Foot [AR] 1:00 Vets Club [CCR] 2:00 Bean Bag Baseball [CR] 2:00 Bingo [CCR] 4:00 Wii Bowling [CR] 6:00 Penny Poker [AR]
11:15 ★ Church [CR] 1:00 ★ Card Game 'Go'	9:00 ♥ BP Check/ACS [FR] 9:00 ♥ Chair Exercise [SR] 9:30 ★ Crafting [AR] 9:30 ♥ Sit N Be Fit [CR] 1:00 ► Mexican Train 1&2 3:00 ★ Bingo [CCR] 4:00 ► Wii Bowling [CR] 6:00 ★ Poker Night [GR]	9:00 ♥ Chair Exercise [SR]  10:00 ★ Bible Study [CR]  10:00 ★ Bunco [FR]  10:00 ★ French Club [AR]  1:00 Joan Stern-Organist [FR]  1:15 Chair Yoga with Sante [CR]  3:00 ★ Bingo [CCR]  4:00 ♥ Wii Bowling [CR]  6:00 ★ Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 1:00 Hand & Foot [CR] 1:00 Res/Chef Mtg. [FR] 2:00 Bean Bag Baseball 3:00 Bingo [CCR] 4:00 Daily News [CR] 6:00 Penny Poker [AR]	9:00 BP Check [FR] 9:00 Chair Exercise [SR] 10:00 Yahtzee [CR] 3:00 Bingo [CCR] 4:00 Wii Bowling [CR] 6:00 Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 1:00 Mexican Train [CR] 3:00 Happy Hour [FR] 4:00 Mi Bowling [CR] 6:00 Dusty Titles [FR]	9:00 Chair Exercise [SR] 9:30 Bible Study [CR] 10:00 Bunco [FR] 1:00 Bean Bag Baseball [CR] 1:00 Hand & Foot [AR] 2:00 Bingo [CCR] 2:00 Gospel Singers [FR] 4:00 Mii Bowling [CR] 6:00 Penny Poker [AR]
11:15  Church [CR] 25  1:00  Card Game 'Go' [AR2]  1:00  Hand & Foot [GR]  1:30  Classic Movie [CR]  2:00  Walk N Talk [LB]  3:00  Brain Teasers [CCR]  4:00  Penny Poker [GR]	9:00 ♥ BP Check/ACS [FR] 9:00 ♥ Chair Exercise [SR] 9:00 Pain Relief Lotion [FR] 9:30 ★ Crafting [AR] 9:30 ♥ Sit N Be Fit [CR] 1:00 ► Mexican Train 1&2 3:00 ♥ Bingo [CCR] 4:00 ► Wii Bowling [CR] 6:00 ♥ Poker Night [GR]	9:00 ♥ Chair Exercise [SR] 10:00 ★ Bible Study [CR] 10:00 ★ Bunco [FR] 10:00 ♠ French Club [AR] 10:00 ♠ Nail Painting/VLA [CCR] 1:15 Chair Yoga with Sante [CR] 3:00 ★ Bingo [CCR] 4:00 ▶ Wii Bowling [CR] 6:00 ★ Penny Poker [GR]	9:00 Chair Exercise [SR] 9:30 Sit N Be Fit [CR] 10:00 Pokeno [CCR] 1:00 Book Talk [CR] 1:00 Hand & Foot [CR] 1:30 Ice Cream Social with Sante [CCR] 2:00 Bean Bag Baseball 3:00 Bingo [CCR] 4:00 Daily News [CR] 5:30 Southern Gospil with Ron & Jeanne [FR] 6:00 Penny Poker [AR]	9:00 BP Check [FR] 9:00 Chair Exercise [SR] 9:30 Kit. Tours [DR] 10:00 Yahtzee [CR] 3:00 Bingo [CCR] 4:00 Wii Bowling [CR] 6:00 Penny Poker [GR] 6:00 TA Burrows [FR]	9:00 ♥ Chair Exercise [SR] 9:30 ♥ Sit N Be Fit [CR] 10:00 ♥ Pokeno [CCR] 1:00 P Mexican Train [CR] 2:00 Walk the States with Sante 3:00 ♥ Happy Hour [FR] 4:00 P Wii Bowling [CR] 6:00 Josh Stefanski [FR]	9:00 Chair Exercise [SR] 10:00 Bunco [FR] 1:00 Bean Bag Baseball [CR] 1:00 Hand & Foot [AR] 2:00 Bingo [CCR] 4:00 Wii Bowling [CR] 6:00 Penny Poker [AR]