

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**



**18626 N Spanish Garden Drive  
Sun City West, AZ 85375  
623-584-1999**

**Location Keys**  
Activity Rm AR  
Activity Room 2 AR2  
Cinema Rm CR  
Coca Cola Rm CCR  
Dining Room DR  
Fireside Room FR  
Game Room GR  
Lobby LB  
Spa Room SR

**New Year's Day**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Shopping - Walmart & Target 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Bean Bag Baseball [CR]  
1:00 Hand & Foot [CR]  
1:00 Tribute to Frank Sinatra [FR]  
2:00 Snack Social [CCR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
4:00 Daily News [CR]  
6:00 Penny Poker [AR]

**1**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check [FR]  
9:00 Chair Exercise [SR]  
9:00 Transportation - Appointments - 9 - 2 [LB]  
10:00 Low Vision Grp [CCR]  
10:00 Yahtzee [CR]  
11:00 Trivia Day [DR]  
1:00 Guitar Players [FR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**2**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Local Shopping, Banking, Pharmacy 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Muffins with Holly [CR]  
10:00 Pokeno [CCR]  
11:00 Happy Birthday! [DR]  
1:00 Jeopardy [FR]  
1:00 Mexican Train [CR]  
1:00 Nail Painting [CCR]  
3:30 Wii Bowling [CR]

**3**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:30 Sit N Be Fit [CR]  
10:00 Bunco [FR]  
10:00 Mindfulness Meditation [SR]  
10:00 WOW Group [CR]  
11:00 Lunch Outing  
1:00 Bean Bag Baseball [CR]  
1:00 Hand & Foot [AR]  
1:00 Checkers [FR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [AR]

**5**  
8:00 Church Transportation [LB]  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Sunday Church [CR]  
11:00 Card Game 'Go' [AR2]  
1:00 Hand & Foot [GR]  
1:00 Tony Miller-guitarist [FR]  
1:30 Puzzle Group [FR]  
3:00 Brain Teasers [CCR]  
3:00 Solstice Nature Walk [LB]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**6**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check/ACS [FR]  
9:00 Chair Exercise [SR]  
9:30 Crafting [AR]  
9:30 Sit N Be Fit [SR]  
10:00 The Saran Wrap Game [CR]  
1:00 Mexican Train 1&2  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Beer & Bingo [CCR]  
6:00 Poker Night [GR]

**7**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Transportation - Appointments 9 - 2 [LB]  
10:00 Bible Study [CR]  
10:00 Bunco [FR]  
10:00 French Club [AR]  
2:00 VLD Meeting [CR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**8**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Shopping - Walmart & Target 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Bean Bag Baseball [CR]  
1:00 Hand & Foot [CR]  
3:00 Bingo [CCR]  
3:00 Mary Jo Alterations [AR2]  
3:30 Wii Bowling [CR]  
4:00 Daily News [CR]  
6:00 Penny Poker [AR]

**9**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check [FR]  
9:00 Chair Exercise [SR]  
9:00 Transportation - Appointments - 9 - 2 [LB]  
10:00 Yahtzee [CR]  
11:00 Trivia Day [DR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**10**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Local Shopping, Banking, Pharmacy 9 to 11 [LB]  
9:30 Mass/Com. [CR]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Jim Correnti Entertainment [FR]  
1:00 Mexican Train [CR]  
3:30 Wii Bowling [CR]

**11**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:30 Sit N Be Fit [CR]  
10:00 Bunco [FR]  
10:00 Mindfulness Meditation [SR]  
11:00 Nail Painting [CCR]  
1:00 Bean Bag Baseball [CR]  
1:00 Hand & Foot [AR]  
2:00 Vets Club [CR]  
3:00 Checkers [FR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [AR]

**12**  
8:00 Church Transportation [LB]  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Sunday Church [CR]  
11:00 Card Game 'Go' [AR2]  
1:00 Hand & Foot [GR]  
1:30 Puzzle Group [FR]  
2:00 Mary Hamilton-Art [CCR]  
3:00 Brain Teasers [CCR]  
3:00 Solstice Nature Walk [LB]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**13**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check/ACS [FR]  
9:00 Chair Exercise [SR]  
9:30 Crafting [AR]  
9:30 Sit N Be Fit [SR]  
10:00 Angels-Understanding Meds. [CR]  
1:00 Mexican Train 1&2  
1:00 TA Burrows [FR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Poker Night [GR]

**14**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Transportation - Appointments 9 - 2 [LB]  
10:00 Bible Study [CR]  
10:00 Bunco [FR]  
10:00 French Club [AR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**15**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Shopping - Walmart & Target 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Hand & Foot [CR]  
1:00 Res/Ed Mtg. [FR]  
2:00 Bean Bag Baseball [CR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
4:00 Daily News [CR]  
6:00 Penny Poker [AR]

**16**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check [FR]  
9:00 Chair Exercise [SR]  
9:00 Transportation - Appointments - 9 - 2 [LB]  
10:00 Lord of Life [FR]  
10:00 Yahtzee [CR]  
11:00 Trivia Day [DR]  
1:00 Guitar Players [FR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**17**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:00 Local Shopping, Banking, Pharmacy 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Mexican Train [CR]  
1:00 Nail Painting [CCR]  
1:30 Movie Time [CR]  
2:00 Great Call Meeting [FR]  
3:30 Wii Bowling [CR]

**18**  
8:00 Daily Puzzles [CCR]  
9:00 Chair Exercise [SR]  
9:30 Sit N Be Fit [CR]  
10:00 Bunco [FR]  
10:00 Mindfulness Meditation [SR]  
10:30 Nail Painting [CCR]  
11:00 Lunch Outing  
1:00 Bean Bag Baseball [CR]  
1:00 Ginny Obrien Singalong [CR]  
1:00 Hand & Foot [AR]  
3:00 Checkers [FR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [AR]

**19**  
8:00 Church Transportation [LB]  
8:00 Daily Puzzles [CCR]  
11:00 Sunday Church [CR]  
1:00 Bruce Wells [CR]  
1:00 Card Game 'Go' [AR2]  
1:00 Hand & Foot [GR]  
1:30 Puzzle Group [FR]  
3:00 Brain Teasers [CCR]  
3:00 Solstice Nature Walk [LB]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**Martin Luther King, Jr. Day**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check/ACS [FR]  
9:30 Crafting [AR]  
9:30 Sit N Be Fit [SR]  
1:00 Mexican Train 1&2  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Poker Night [GR]

**21**  
8:00 Daily Puzzles [CCR]  
9:00 Transportation - Appointments 9 - 2 [LB]  
9:30 Pain Relief with Nancy [CR]  
10:00 Bible Study [CR]  
10:00 Bunco [FR]  
10:00 French Club [AR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**22**  
8:00 Daily Puzzles [CCR]  
9:00 Shopping - Walmart & Target 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Chef/Res. Meeting [FR]  
1:00 Hand & Foot [CR]  
2:00 Bean Bag Baseball [CR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
4:00 Daily News [CR]  
6:00 Penny Poker [AR]

**23**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check [FR]  
9:00 Transportation - Appointments - 9 - 2 [LB]  
10:00 Yahtzee [CR]  
11:00 Trivia Day [DR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**24**  
8:00 Daily Puzzles [CCR]  
9:00 Local Shopping, Banking, Pharmacy 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Mexican Train [CR]  
1:00 Nail Painting [CCR]  
3:30 Wii Bowling [CR]

**25**  
8:00 Daily Puzzles [CCR]  
9:30 Bible Study [CR]  
9:30 Sit N Be Fit [CR]  
10:00 Bunco [FR]  
10:00 Mindfulness Meditation [SR]  
11:00 Outing [LB]  
1:00 Bean Bag Baseball [CR]  
1:00 Hand & Foot [AR]  
2:00 Cotton Lane Baptist Singers [FR]  
3:00 Checkers [FR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [AR]

**26**  
8:00 Church Transportation [LB]  
8:00 Daily Puzzles [CCR]  
11:00 Sunday Church [CR]  
1:00 Card Game 'Go' [AR2]  
1:00 Hand & Foot [GR]  
1:30 Classic Movie [CR]  
1:30 Puzzle Group [FR]  
2:00 Children Sing along [CR]  
3:00 Brain Teasers [CCR]  
3:00 Solstice Nature Walk [LB]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**27**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check/ACS [FR]  
9:30 Crafting [AR]  
9:30 Sit N Be Fit [SR]  
11:00 Outing [LB]  
1:00 Mexican Train 1&2  
1:00 Walking for Alzheimers [LB]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Poker Night [GR]

**28**  
8:00 Daily Puzzles [CCR]  
9:00 Transportation - Appointments 9 - 2 [LB]  
10:00 Bible Study [CR]  
10:00 Bunco [FR]  
10:00 French Club [AR]  
1:00 Joan Stern-Organist [FR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**29**  
8:00 Daily Puzzles [CCR]  
9:00 Shopping - Walmart & Target 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Bean Bag Baseball [FR]  
1:00 Hand & Foot [CR]  
2:00 Meet & Greet-Happy Hour [CR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
4:00 Daily News [CR]  
6:00 Penny Poker [AR]

**30**  
8:00 Daily Puzzles [CCR]  
9:00 BP Check [FR]  
9:00 Transportation - Appointments - 9 - 2 [LB]  
10:00 Yahtzee [CR]  
11:00 Trivia Day [DR]  
3:00 Bingo [CCR]  
3:30 Wii Bowling [CR]  
6:00 Penny Poker [GR]

**31**  
8:00 Daily Puzzles [CCR]  
9:00 Local Shopping, Banking, Pharmacy 9 to 11 [LB]  
9:30 Sit N Be Fit [SR]  
10:00 Pokeno [CCR]  
1:00 Judy Pugel-Violinist [FR]  
1:00 Mexican Train [CR]  
1:00 Nail Painting [CCR]  
3:30 Wii Bowling [CR]

**Be Adventurous**  
**Be Challenged**  
**Be Connected**  
**Be Family**  
**Be Inspired**  
**Be Social**  
**Be Well**