

## March 2020 Solstice Senior Living at Sun City West

	BE VIBRANT. BE YOU.				Solstice Senior Living at Sun City West	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 W Church Transportation [LB] 8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 11:00 Catholic Services [FR] 11:00 Suday Church [CR] 1:00 W Bruce Wells [FR] 1:00 Card Game 'Go' [AR2] 1:00 Card Game 'Go' [AR2] 1:00 Puzzle Group [FR] 2:00 National Peanut Butter Lovers Day [CCR] 3:30 National Peanut Butter Lovers Day [CCR] 3:30 Puzzle Group [CR] 6:00 Penny Poker [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 BP Check/ACS [FR] 9:00 Chair Exercises [SR] 9:30 Crafting [AR] 9:30 Sit N Be Fit [SR] 10:00 Seminar-Ultimate Patient Care [CR] 1:00 Mexican Train 3:00 Bingo [CCR] 3:30 Wii Bowling [CR] 6:00 Poker Night [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Transportation - Appointments 9 - 2 [LB] 10:00 Bible Study [CR] 10:00 Bunco [FR] 10:00 French Club [AR] 2:00 Vibrant Life Director Meeting [FR] 3:00 Bingo [CCR] 3:30 Wii Bowling [CR] 6:00 Penny Poker [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Shopping - Walmart & Target 9 to 11 [LB] 9:30 Sit N Be Fit [SR] 10:00 Pokeno [CCR] 1:00 Candy The Comedian [FR] 2:00 Bean Bag Baseball [CR] 3:00 Bingo [CCR] 3:30 Bingo [CCR] 4:00 Daily News [CR] 6:00 Penny Poker [AR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 BP Check [FR] 9:00 Chair Exercises [SR] 9:00 Transportation - Appointments - 9 - 2 [LB] 10:00 Lord Of Life Singers [FR] 10:00 Variation Provided Trivia Day [DR] 11:00 Caring Women's Social Group-Games [CR] 1:00 Provided Trivial Group-Games [CR] 1:00 Provided Trivial Group-Games [CR] 1:00 Provided Trivial Group-Games [CR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Local Shopping, Banking, Pharmacy 9 to 11 [LB] 10:00 Pokeno [CCR] 10:00 V.A. Talk Seminar [CR] 11:00 Happy Birthday! [DR] 1:00 Happy Birthday! [DR] 1:00 Mexican Train [CR] 2:00 Bean Bag Baseball [FR] 3:00 Book Club / Sign Up [CR] 3:30 Wii Bowling [CR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR]  9:00 Chair Exercises [SR]  10:00 Bunco [FR]  10:00 Film Critic Group / Sign Up [CR]  10:00 Modfulness Meditation [SR]  10:00 Modfulness Meditation [SR]  10:00 BBQ Taste Off Outing [LB]  11:00 Nail Painting [CCR]  1:00 Emily On The Piano [FR]  3:00 Checkers [FR]  3:30 Pwii Bowling [CR]
Baylight Saving Time Begins 8:00 ❤ Church Transportation [LB] 8:00 ❤ Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 ❤ Chair Exercises [SR] 11:00 ★ Catholic Services [FR] 11:00 ★ Sunday Church [CR] 1:00 ❤ Card Game 'Go' [AR2] 1:00 ❤ Tony Miller-Guitarist [FR] 1:30 ❤ Puzzle Group [FR] 3:00 ఄ Solstice Nature Walk [LB] 3:30 🏴 Wii Bowling [CR] 6:00 ❤ Penny Poker [GR]	8:00 ♥ Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 ♥ BP Check/ACS [FR] 9:00 ♥ Chair Exercises [SR] 9:30 ★ Crafting [AR] 9:30 ♥ Sit N Be Fit [SR] 10:00 ♥ Seminar-Take Control of Chronic Disease [CR] 1:00 ₱ Mexican Train 2:00 ★ Glory Singers [FR] 3:00 ₱ Bingo [CCR] 3:30 ₱ Wii Bowling [CR] 6:00 ❤ Poker Night [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR]  9:00 Chair Exercises [SR]  9:00 Transportation - Appointments 9 - 2 [LB]  10:00 Bible Study [CR]  10:00 French Club [AR]  3:00 Bingo [CCR]  3:30 PWii Bowling [CR]  6:00 Penny Poker [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Shopping - Walmart & Target 9 to 11 [LB] 9:30 Sit N Be Fit [SR] 10:00 Pokeno [CCR] 2:00 Bean Bag Baseball [CR] 3:00 Bingo [CCR] 3:00 Mary Jo Alterations [FR] 3:30 Wii Bowling [CR] 4:00 Daily News [CR] 6:00 Penny Poker [AR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 BP Check [FR] 9:00 Chair Exercises [SR] 9:00 Transportation - Appointments - 9 - 2 [LB] 10:00 PY Yahtzee [CR] 11:00 Trivia Day [DR] 3:00 Bingo [CCR] 3:30 PWii Bowling [CR] 6:00 Penny Poker [GR]		8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR]  9:00 Chair Exercises [SR]  10:00 Bunco [FR]  10:00 Diane with CVS-Walker Help [CR]  10:00 Mindfulness Meditation [SR]  10:30 Computer Class  11:00 Spring Training Outing [LB]  1:00 Nail Painting [CCR]  1:00 TA. Burrows [FR]  3:00 Checkers [FR]  3:30 Pwii Bowling [CR]  6:00 Penny Poker [AR]
8:00 ₩ Church Transportation [LB] 8:00 ♥ Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 ♥ Chair Exercises [SR] 11:00 ★ Catholic Services [FR] 11:00 ★ Sunday Church [CR] 1:00 ₩ Bruce Wells-Pianist [CR] 1:00 ₩ Bruce Wells-Pianist [CR] 1:00 ₩ Card Game 'Go' [AR2] 1:00 ₩ Hand & Foot [GR] 1:30 ♥ Puzzle Group [FR] 2:00 ★ Art Class with Mary [CCR] 3:00 ★ Solstice Nature Walk [LB] 3:30 ₱ Wii Bowling [CR] 6:00 ₩ Penny Poker [GR]	8:00 ♥ Puzzles - Sudoku ,	St. Patrick's Day  8:00 Puzzles - Sudoku, Crosswords, & Word Puzzles [CCR]  9:00 Chair Exercises [SR]  9:00 Transportation - Appointments 9 - 2 [LB]  10:00 Bible Study [SR]  10:00 Bunco [FR]  10:00 French Club [AR]  10:00 St. Patrick's Day with The Stefanski's  3:00 Fingo [CCR]  3:30 PWii Bowling [CR]  6:00 Penny Poker [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Shopping - Walmart & Target 9 to 11 [LB] 9:30 Sit N Be Fit [SR] 10:00 Pokeno [CCR] 1:00 RES/ED. MTG [FR] 2:00 Bean Bag Baseball [CR] 3:00 Bingo [CCR] 3:30 Wii Bowling [CR] 4:00 Daily News [CR] 6:00 Penny Poker [AR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 BP Check [FR] 9:00 Chair Exercises [SR] 9:00 Transportation - Appointments - 9 - 2 [LB] 10:00 Lord of Life Singers [FR] 10:00 Trivia Day [DR] 11:00 Trivia Day [DR] 12:00 Caring Women's Social Group-Games [CR] 11:00 Guitar Players [FR] 3:00 Bingo [CCR] 3:30 PBingo [CCR] 3:30 PP Bingo [CCR]		8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:30 Spring Fair-Arts & Crafts(Outing) [LB] 10:00 Avon [FR] 10:00 Mindfulness Meditation [SR] 10:30 Cell Phone Class [CCR] 3:00 Checkers [FR] 3:30 Wii Bowling [CR] 6:00 Penny Poker [AR]
8:00 ★ Church Transportation [LB] 8:00 → Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 → Chair Exercises [SR] 11:00 ★ Catholic Services [FR] 11:00 ★ Sunday Church [CR] 1:00 ★ Card Game 'Go' [AR2] 1:00 ★ Hand & Foot [GR] 1:00 ★ Man In Black-Johnny Cash Impersonator [FR] 1:30 → Puzzle Group [FR] 3:00 ♠ Solstice Nature Walk [LB] 3:30 ₱ Wii Bowling [CR] 6:00 ★ Penny Poker [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR]  9:00 BP Check/ACS [FR]  9:00 Chair Exercises [SR]  9:30 Sit N Be Fit [SR]  10:00 Saran Wrap Game [FR]  11:00 New Resident Lunch [DR]  1:00 Mexican Train  3:00 Mexican Train  3:00 Mexican Train  3:00 Mexican Train  3:00 Poker Night [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Transportation - Appointments 9 - 2 [LB] 10:00 Bible Study [CR] 10:00 French Club [AR] 1:00 Soron Stern-Organist [DR] 2:00 Manbassador Meeting [CR] 3:00 Bingo [CCR] 3:30 Will Bowling [CR] 6:00 Penny Poker [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Shopping - Walmart & Target 9 to 11 [LB] 9:30 Sit N Be Fit [SR] 10:00 Pokeno [CCR] 1:00 Chef/Res. Meeting [FR] 2:00 Paean Bag Baseball [CR] 3:00 Painy Bingo [CCR] 3:30 Will Bowling [CR] 4:00 Daily News [CR] 6:00 Penny Poker [AR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 BP Check [FR] 9:00 Chair Exercises [SR] 9:00 Transportation - Appointments - 9 - 2 [LB] 10:00 Trivia Day [DR] 2:00 Meet & Greet-Happy Hour [CR] 3:00 Bingo [CCR] 3:30 Mi Bowling [CR] 6:00 Penny Poker [GR]	(CCR) 9:00 ♥ Chair Exercises [SR] 9:00 ♥ Local Shopping, Banking, Pharmacy 9 to 11 [LB]	8:00 Puzzles - Sudoku ,
8:00 ★ Church Transportation [LB] 8:00 ➤ Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 ➤ Chair Exercises [SR] 11:00 ★ Catholic Services [FR] 11:00 ★ Sunday Church [CR] 1:00 ★ Bruce Wells-Pianist [CR] 1:00 ★ Card Game 'Go' [AR2] 1:00 ★ Hand & Foot [GR] 1:30 ➤ Puzzle Group [FR] 3:00 ⑤ Solstice Nature Walk [LB] 3:30 ▶ Wii Bowling [CR] 6:00 ★ Penny Poker [GR]	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 BP Check/ACS [FR] 9:00 Chair Exercises [SR] 9:00 Pain Relief with Nancy [CR] 9:30 Sit N Be Fit [SR] 10:30 Scenic Outing-White Tank Mountains [LB] 1:00 Mexican Train 3:30 Mexican Train 3:30 Pwii Bowling [CR] 6:00 Poker Night [GR] 6:00 White Relief Windows (CCR)	8:00 Puzzles - Sudoku , Crosswords, & Word Puzzles [CCR] 9:00 Chair Exercises [SR] 9:00 Transportation - Appointments 9 - 2 [LB] 10:00 Bible Study [CR] 10:00 Bunco [FR] 10:00 French Club [AR] 1:30 Root Beer Float Social [CCR] 3:00 Bingo [CCR] 3:30 PWii Bowling [CR] 6:00 Penny Poker [GR]	SOLSTICE SENIOR LIVING AT SUN CITY WEST	18626 N Spanish Garden Drive Sun City West, AZ 85375 623-584-1999	Location Keys  Activity Rm AR Activity Room 2 AR2 Cinema Rm CR Coca Cola Rm CCR Dining Room DR Fireside Room FR Game Room GR Lobby LB Spa Room SR	Be Adventurous  Be Challenged  Be Connected  Be Family  ★ Be Inspired  Be Social  Be Well